



Blue Courage[®] Academy



Participants of the 4-day certification course will be certified to teach the 2-day Blue Courage: The Heart and Mind of the Guardian course.



*The Los Angeles County
Sheriff's Department*

December 4-7, 2018
8:00 am - 5:00 pm daily

Training Location:
Sheriff's STAR Center
11515 S. Colima Road, #K-2
Whittier, CA 90604

To register:
Visit www.rcpi-ca.org

What is Blue Courage[®]?

Blue Courage is a transformational process that focuses on the human development of law enforcement professionals.

Few professions are more physically, mentally, and emotionally demanding than law enforcement. Blue Courage addresses personal challenges many officers face, such as cynicism, identity, judgment, integrity, leadership and stress management.



Topics to Be Covered:

- Foundations of Courage
- Police Culture
- Nobility of Policing
- Respect
- Resilience / Hope
- Positive Psychology
- Practical Wisdom
- Health & Wellness
- The Immortal Cop



What Blue Courage[®] Has to Offer

Today's law enforcement professionals are highly trained and highly skilled operationally. While skill training is essential, it is incomplete. The behaviors that tarnish police agencies and place officers at risk are rarely due to a lack of skills.

Through Blue Courage, participants will:

- Go beyond learning tactical and critical incident survival and ensure officers' readiness to both

prevent and recover in the aftermath.

- Reignite a sense of passion, purpose and commitment to the nobility of policing.
- Awaken their moral compass and the courage to do what is right.
- Improve decision-making skills under pressure.
- Understand how to build relationships and trust with the community.
- Develop an organizational culture of learning, critical thinking, tolerance, and curiosity.

Who should attend the certification?

- Those who have passion for the policing profession;
- Those who have a willingness to engage in personal growth and development;
- Those who have skills and/or abilities to present to police professionals;
- Individuals who have an interest and intention in teaching within their own agency.

